



Peak Performance Group, Inc.

Directions to:

**Peak Performance Group
101 Western Avenue
Gloucester, MA 01930
978-281-5641**

From Logan Airport: Route 1-A North. Toward Revere/Lynn. • Go straight 2.6 miles. • Turn slightly left onto Route 60 West. • Enter the next roundabout take the second right (stay on Route 60) • Straight 6.9 miles. • Enter the next roundabout (stay in the right lane) take the first right onto Route 1 North. • Route 1 North to Route 128 (I-95) North. *Follow directions for Route 128 below.

Rte. 128 directions: Stay on Route 128 after I-95 splits North. Route 128, North to the first rotary in Gloucester. • Take your first right off the rotary, (Friendly's is on the right), on to Washington Street. • Take your fifth right, (just before George's Coffee Shoppe) on to Centennial Avenue, follow to the end at the flashing lights (Gloucester harbor is in front of you). Peak Performance Group is located (on your right) on the corner of Perkins and Western Avenue directly across from the Bridge house for the Blynman Drawbridge; the light gray building on the corner next to the Panorama Sub Shop. There is a sign over the door.

- Take a left on to Western Avenue. Parking is available along the Boulevard,

From Boston South: Route 1 North to Route 128 (I-95) North. Follow directions for Route 128 above.

From North: Route I-93 South to Route 128 (I-95) North. Follow directions for Route 128 above.

or

Route 95 South to Route 128 North. Follow directions for Route 128 above.

From South West: Route I-90, Mass Pike to Route I-95 North (aka route 128),

PARKING

THERE IS PARKING ALONG THE BOULEVARD, U-TURNS MAY BE MADE AFTER THE GLOUCESTER FISHERMAN MONUMENT.

101 Western Avenue • Gloucester, Massachusetts 01930 • (978) 281-5641